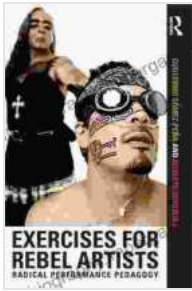


Exercises for Rebel Artists: A Radical Performance Pedagogy

By Lee Breuer



Exercises for Rebel Artists: Radical Performance Pedagogy by Guillermo Gómez Peña

★★★★☆ 4.4 out of 5

Language : English
File size : 7936 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 257 pages



Exercises for Rebel Artists is a practical guide to using performance as a tool for social change. This book offers a collection of exercises that can be used in performance workshops, classrooms, and community settings to develop critical thinking, creativity, and empathy.

The exercises in this book are designed to be accessible to people of all ages and backgrounds. They are organized into four sections:

- **Body and Voice:** Exercises to develop physical and vocal presence.
- **Imagination and Creativity:** Exercises to spark imagination and develop creative thinking.

- **Collaboration and Communication:** Exercises to build teamwork and communication skills.
- **Social Change:** Exercises to use performance to address social issues.

Why Performance?

Performance is a powerful tool for social change because it can:

- **Raise awareness:** Performance can be used to raise awareness of important social issues.
- **Challenge stereotypes:** Performance can be used to challenge stereotypes and promote understanding.
- **Build community:** Performance can be used to build community and bring people together.
- **Inspire action:** Performance can be used to inspire action and create change.

How to Use This Book

This book can be used in a variety of ways. You can use the exercises in Free Download, or you can select the exercises that are most relevant to your needs. The exercises can be done individually or in groups. You can also adapt the exercises to fit your own teaching style and context.

Whether you are a teacher, an artist, or a community organizer, Exercises for Rebel Artists can help you use performance to create social change.

About the Author

Lee Breuer is a groundbreaking theater director, playwright, and performance artist. He is the founder of the Mabou Mines theater company, which has been creating innovative and socially relevant work for over 50 years. Breuer has received numerous awards for his work, including a MacArthur Fellowship and a Guggenheim Fellowship.

Reviews

"Exercises for Rebel Artists is a must-read for anyone who wants to use performance to make a difference in the world. Lee Breuer's exercises are practical, inspiring, and transformative." - **Anna Deavere Smith**, actor and playwright

"Exercises for Rebel Artists is a valuable resource for anyone who wants to develop their skills as a performer and use their art to create social change." - **Bill T. Jones**, choreographer and dancer

"Lee Breuer is a visionary artist who has dedicated his life to using performance to challenge the status quo and inspire change. Exercises for Rebel Artists is a powerful tool that can help you do the same." - **Thelma Golden**, director of the Studio Museum in Harlem

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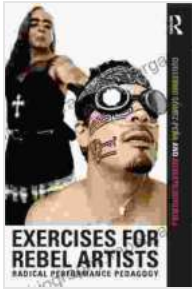
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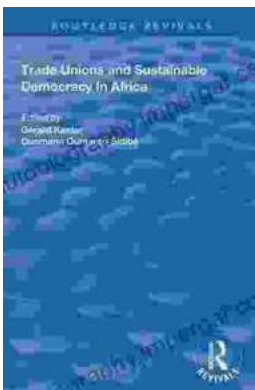
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