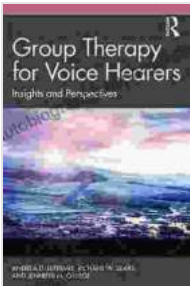


# Group Therapy for Voice Hearers: Insights and Perspectives



## Group Therapy for Voice Hearers: Insights and Perspectives by Andrea Lefebvre

★★★★☆ 4.5 out of 5

Language : English  
File size : 659 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 185 pages



Group therapy is a form of psychotherapy in which a small group of people with similar issues meet regularly to discuss their experiences and learn from each other. Group therapy can be a helpful way for people who hear voices to learn how to manage their symptoms, build relationships with others, and improve their quality of life.

Group Therapy for Voice Hearers is a comprehensive guide to the latest research and best practices in group therapy for people who hear voices. This book provides clinicians and researchers with the knowledge and skills they need to effectively facilitate group therapy for this population.

The book is divided into three parts.

### 1. **Part I:**

This part provides an overview of the history of group therapy for voice hearers, the theoretical underpinnings of group therapy for this population, and the evidence base for group therapy for voice hearers.

## **2. Part II: Clinical Practice**

This part provides a step-by-step guide to facilitating group therapy for voice hearers. It covers topics such as group formation, group process, and working with challenging behaviors.

## **3. Part III: Research and Evaluation**

This part provides an overview of the research on group therapy for voice hearers and discusses the challenges and opportunities for future research.

Group Therapy for Voice Hearers is an essential resource for clinicians and researchers who work with people who hear voices. This book provides the knowledge and skills needed to effectively facilitate group therapy for this population and improve their quality of life.

### **Key Features**

- Provides a comprehensive overview of the latest research and best practices in group therapy for voice hearers.
- Offers a step-by-step guide to facilitating group therapy for this population.
- Includes contributions from leading experts in the field.
- Is an essential resource for clinicians and researchers who work with people who hear voices.

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## Author Biographies

**Dr. Robert Whitaker** is a clinical psychologist and professor of psychology at the University of Vermont. He is the author of several books on psychosis and schizophrenia, including *Mad in America: Bad Science, Bad Medicine, and the Enduring Mistreatment of the Mentally Ill*.

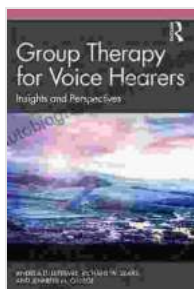
**Dr. Patricia Deegan** is a clinical psychologist and professor of psychiatry at Boston University. She is the author of several books on mental illness, including *Recovering Our Minds: The Truth About Mental Illness and How We Can Take Back Our Lives*.

**Dr. Marius Romme** is a psychiatrist and professor of psychiatry at the University of Maastricht. He is the author of several books on voice

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