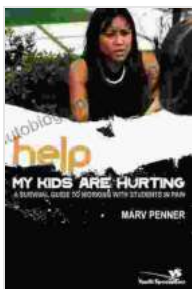


# Help My Kids Are Hurting: A Path to Healing for Your Struggling Child

If you're struggling to help your kids cope with mental health issues, this book is for you.

In *Help My Kids Are Hurting*, Dr. Michael J. Bradley provides a roadmap to help you understand your child's struggles, develop coping mechanisms, and create a supportive environment for healing.



## Help! My Kids Are Hurting: A Survival Guide to Working with Students in Pain (Youth Specialties (Paperback))

by Marv Penner

★★★★☆ 4.2 out of 5

Language : English  
File size : 322 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 145 pages



With over 30 years of experience as a child and adolescent psychiatrist, Dr. Bradley has seen firsthand the devastating impact that mental health issues can have on children and families. He knows that parents often feel helpless and alone when their child is struggling. That's why he wrote *Help My Kids Are Hurting*—to provide parents with the tools and information they need to help their children heal.

In this book, Dr. Bradley covers a wide range of topics, including:

- The different types of mental health issues that children can face
- The signs and symptoms of mental health problems
- How to talk to your child about mental health
- How to find the right mental health professional for your child
- How to support your child through treatment

*Help My Kids Are Hurting* is an essential resource for any parent who is concerned about their child's mental health. It is full of practical advice, compassionate support, and hope.

**What parents are saying about *Help My Kids Are Hurting*:**

“

***“ "This book is a lifesaver. I was at my wit's end trying to help my son with his anxiety. Dr. Bradley's book gave me the tools and information I needed to understand my son's struggles and help him get better." - A grateful parent”***

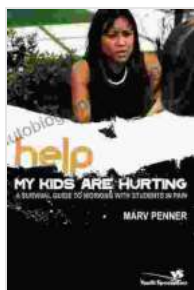
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***“ "I highly recommend this book to any parent who is struggling to help their child with mental health issues. Dr. Bradley provides a wealth of information and support in a compassionate and easy-to-understand way." - A mental health professional”***

## Free Download your copy of *Help My Kids Are Hurting* today!

*Help My Kids Are Hurting* is available in paperback, hardcover, and audiobook formats. You can Free Download your copy today from Our Book Library, Barnes & Noble, or your favorite bookstore.

If you're struggling to help your kids cope with mental health issues, don't wait any longer. Free Download your copy of *Help My Kids Are Hurting* today and start your journey to healing.



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