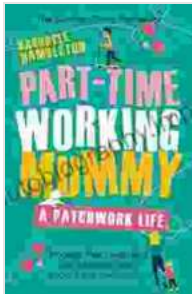


# Part-Time Working Mummy: Navigating the Patchwork Life



## Part-Time Working Mummy: A Patchwork Life

by Rachaele Hambleton

★★★★☆ 4.8 out of 5

Language : English

File size : 2067 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

X-Ray : Enabled

Word Wise : Enabled

Print length : 265 pages

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As a part-time working mother, you are constantly juggling multiple roles and responsibilities. You are a mother, a wife, an employee, and often an entrepreneur or volunteer. It can be difficult to find balance in your life and to feel like you are ng a good job in all of your different roles.

In her book, *Part-Time Working Mummy: Patchwork Life*, author Sarah Walker shares her own experiences as a part-time working mother. She offers practical advice and inspiring stories to help you:

- Find work-life balance
- Advance your career
- Find personal fulfilment

If you are a part-time working mother, this book is for you. Sarah Walker's insights and advice will help you to navigate the patchwork life and to thrive in all of your different roles.

## **What's Inside the Book?**

*Part-Time Working Mummy: Patchwork Life* is divided into three parts:

### **1. Part 1: The Juggle**

In this section, Sarah Walker discusses the challenges of juggling multiple roles and responsibilities. She offers practical advice on how to manage your time, set priorities, and delegate tasks.

### **2. Part 2: The Career**

In this section, Sarah Walker provides advice on how to advance your career while working part-time. She discusses how to negotiate flexible work arrangements, develop your skills, and network with other professionals.

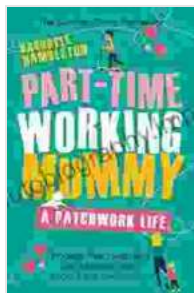
### **3. Part 3: The Personal**

In this section, Sarah Walker focuses on the importance of personal fulfilment. She offers advice on how to make time for yourself, develop your interests, and build a support network.

## **What Others Are Saying**

"Sarah Walker's book is a must-read for any part-time working mother. Her practical advice and inspiring stories will help you to navigate the

patchwork



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